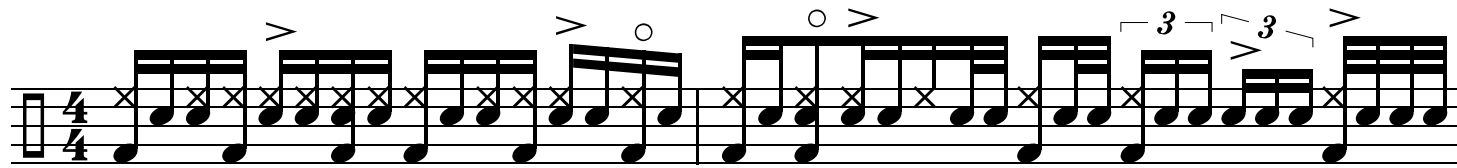
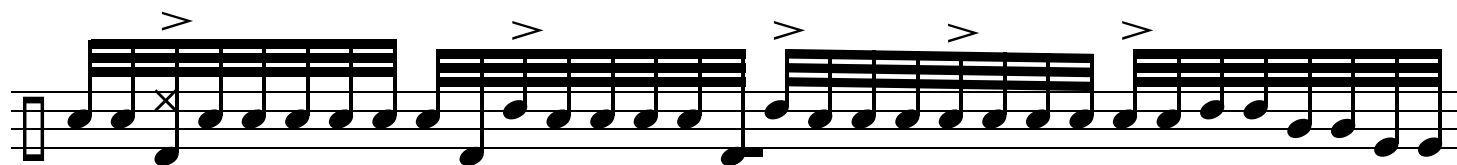


# Lesson 01


Chaun Horton



r l d r d d d d r l d r d l r l r l d d l r l l r l l r l r l r l r r



l l r l r r l l r r l r r l r l r l r l r l r l r l r l



r r d r l l r l r d r r

r = right hand  
l = left hand  
d = both hands together (double stop)